

Ask Questionnaire

By completing this you will receive my free “Take Back Your Time” starter pack and see how I can help you reclaim your week



FLUID VIRTUAL ASSISTANT

WORKFLOW REIMAGINED

FLUID VIRTUAL
ASSISTANT

Name:

.....

Company name

and email

address:

.....

Nature of the

business:

.....

Website

address if

applicable

.....

Question 1. What task takes up the most mental space for you each week? eg meetings, organising documents, planning events, website updates

Question 2. How often do important tasks slip simply because you have too much going on?

Question 3. If you have an extra 5/10 hours each month, how would you use that time?

Question 4. How important is it for you to feel organised and in control of your week?

Would you like help with any of the above? If so comment YES PLEASE and I can contact you